Impact Report 2022/23



Signposting, supporting and mentoring veterans, emergency services and reservists in safe, quiet and informal surroundings

Co-Chairs

In 2013, a group of individuals with a shared vision came together to establish Woody's Lodge. From its humble beginnings as a Veterans' PTSD Community Group based at Penarth Pier Pavilion, the charity has since become a leading organization serving and supporting thousands of individuals and families across Wales and beyond, including those in the Armed Forces and Emergency Services.

Woody's Lodge is a tribute to the life and aspirations of Paul "Woody" Woodland, RM SBS, who wished to live a peaceful life in the countryside after serving. Thanks to the hard work and generosity of ordinary people, the charity has achieved something remarkable. The "table and kettle" that once symbolised a small gathering place has transformed into a network of three farm sites, 11 town-based "Drop In" centres, unique woodland sites, and Flat Holme Island. Woody's 18 staff and volunteers extend their work to rural, green countryside settings that bring peace and positivity to those they help.

Since its inception, Woody's Lodge has had thousands of visits from Armed Forces Veterans, Reservists, their families, and an increasing number of people currently working for the Emergency Services. The charity's help may range from offering a shoulder to lean on, a simple chat over a brew, to form filling with our support team. The latter aspect of Woody's work, the Support Team, has realised over £900,000 pounds in benefits and pensions for more than 2,500 people. Small amounts can make a life-changing difference to so many.

Woody's Lodge has partnered with numerous agencies and Armed Forces charities to provide holistic support for those they work with. As the organisation has grown, its influence with government, welfare and health services, and universities across Wales and the UK has increased, enabling it to establish unique partnerships. The private sector has also been essential for Woody's future growth, including support from Dunsterhouse, Pinnacle Solutions, Kingspan, Mason Removals, and many others.

Looking ahead, Woody's Lodge will continue to be at the forefront of supporting the Armed Forces and Emergency Services' family, wherever and whenever support is needed. As the current Chair's term comes to a close, Clive Hamilton, the Vice Chair, and the outgoing Chair will work together as joint Co-Chairs to ensure a smooth handover and succession within the Board of Trustees. It is with a great sense of pride and thanks that Clive will take on the privileged role of Woody's Chair. The charity is in good hands.

Through laughter, tears, and unsung heroes, Woody's Lodge has become a beacon of hope and support for those who have served and continue to serve our country. As a civilian, it has been an absolute honour to call so many remarkable people my friends and a personal way of thanking the Armed Forces and Emergency Services for all they do and have done.



Clive Hamilton and Dr David Trotman Co-Chairs

A letter from our CEO

Dear all,

As the CEO of Woody's Lodge, I am immensely proud of the significant impact our charity has had on the lives of our armed forces, emergency service communities, and their families across Wales. Since our inception, our dedicated staff and volunteers have gone above and beyond to provide a safe, supportive, and inclusive environment where our beneficiaries can access vital services, engage in meaningful activities, and find a sense of belonging.

Over the past year, we have witnessed a surge in demand for our services due to the easing of COVID-19 restrictions, and our team has risen to the challenge to accommodate the diverse needs of our beneficiaries. We have seen incredible growth in the number of individuals seeking our support in areas such as benefit claims, housing, mental and physical health, and social connections. With the invaluable support of our funders, such as the Royal Navy and Royal Marines Charity (RNRMC), Armed Forces Covenant, Veterans Foundation, and the Welsh Government, we have been able to expand our services and strengthen our partnerships with other organisations, ensuring a comprehensive support network for our community.

Looking to the future, we are filled with excitement and optimism as we continue to evolve and adapt to the changing needs of our beneficiaries. Our focus remains on delivering the best possible support and assistance to our armed forces and emergency service communities, and their families. We are dedicated to refining our services, expanding our range of activities, and exploring innovative solutions to enhance the efficiency of our support teams.



We also look forward to further developing our partnerships and collaborations with third-party organisations, sharing best practices, and working together to provide a holistic support network for our beneficiaries. Through these collaborative efforts, we aim to create a lasting and positive impact on the lives of our beneficiaries, empowering them to overcome challenges, build resilience, and thrive in their civilian lives.

As we embark on this exciting journey, we are immensely grateful for the unwavering support of our funders, partners, staff, volunteers, and, most importantly, our beneficiaries who continue to inspire us with their courage, strength, and camaraderie.

Together, we will continue to make a difference in the lives of our armed forces, emergency service communities, and their families in Wales and beyond.

Warm regards,

Graham Jones CEO, Woody's Lodge

Supporting Veterans and Emergency Service Personnel across Wales

2022/23 has been a remarkably busy year for the Woody's Lodge (WL) staff throughout Wales. As COVID-19 restrictions eased in 2022, we experienced a surge in beneficiaries seeking support in various areas. Our dedicated staff worked tirelessly to provide the best possible support and positively impact our beneficiaries' lives, regardless of the type of support they sought.

Our support team remained consistently available, offering advice, guidance, and assistance in areas such as benefit claims, housing, NHS, and third-party organisation referrals. They also played a significant role in attending and providing clarity at various tribunals. We observed an increase in individuals seeking social support and attending our daily drop-in sessions and activities. In response, our activity team expanded the variety of activities to cater to different ages and abilities, encouraging everyone to participate and socialise.

We are deeply grateful for the funding we received from organisations such as the Royal Navy and Royal Marines Charity (RNRMC), Armed Forces Covenant, Veterans Foundation and the Welsh Government, which enabled us to continue providing dedicated support to our beneficiaries. This funding also introduced us to partner organisations like the V4P project, allowing us to widen our network of professional support and offer our beneficiaries the best possible assistance.

Between 1st April 2022 and 30th March 2023, our support team in Wales provided assistance to a total of 2,416 veterans. This is attributed to various factors, including the cost of living, social isolation, housing, and our beneficiaries' physical and mental health.





Consequently, a significant portion of our support team's work involved assisting beneficiaries in applying for benefits such as Personal Independence Payment, Carers Allowance, Armed Forces Compensation/War Pension, Attendance Allowance, and Universal Credit.



Wales. This officer's role includes visiting beneficiaries in various settings, further enhancing the support we provide.

We have also implemented a single point of referral and a new triage process for all

support cases and referrals, streamlining our support teams and increasing their efficiency. This new process has already improved the support we provide to our beneficiaries.

T FUND TRUS

To help combat social isolation and improve personal wellbeing, our activities team increased the number and variety of activities offered. These activities, ranging from memory loss-focused events to woodworking, arts and crafts, movie days, and social gatherings, cater to the diverse needs of our veterans and their families. We also organised local trips and activities for less mobile individuals, such as clockwork cricket and guest speakers, broadening our reach and impact.

In summary, Woody's Lodge has made significant strides in supporting veterans and emergency service personnel across Wales in 2022/23. Our dedicated staff, the funding we received, and our collaboration with partner organisations have enabled us to make a positive impact on the lives of our beneficiaries and their families. We remain committed to working together to provide the best possible support to our armed forces and emergency service communities and their families.

WOOD

Our vision here at Woody's Lodge, is to provide an inviting meeting space for veterans of the Armed Forces, Emergency Services and Reservists to re-engage with life, their families and their communities.





Daily Community Hubs

Barry: Amelia Farm Llandysul: Penlan Farm Colwyn Bay: Eiras Park



Monthly Urban drop-in centres

Woody's Lodge employs 21 staff

2 Female Veterans **11 Male** Veterans

All Woody's Lodge staff have a direct connection with the Armed Forces or Veterans community

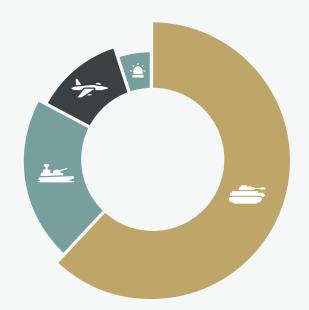
Welfare Teams

3x

Development X7







59%

Service Splits

62% Army
21% Royal Navy
12% Royal Air Force
05% Emergency Services



Woody's Lodge is part of the Wales Ambulance Mental Health Strategy

for its staff, plus input into the Police veterans in crisis training

Social support across Wales

4,000*

Woody's Lodge support & welfare teams contribute 59% of the support we deliver

Visits to our hubs/DiC's



Individual Beneficiaries Supported

Woody's Lodge delivers direct welfare support to veterans and their families with benefit applications, appeals, medical referrals and form filling as well as home visits, HM Prisons and via our Drop-in centres and hubs



Woody's Lodge RNRMC Greenwich Hospital Fund Impact Summary

In the last year, Woody's Lodge has made remarkable strides in supporting and empowering Royal Navy (RN) and Royal Marines (RM) veterans across Wales. Thanks to the generous support of the RNRMC Greenwich Hospital Fund and various other collaborators, we have successfully reached out to and positively impacted 507 veterans' lives.

An integral part of our work is the Heritage Project. Initiated in collaboration with the National Museum of the Royal Navy (NMRN) and other organisations, this initiative centres on preserving and promoting the rich history of RN and RM veterans, which is often overlooked or untold. Not only does the project increase public awareness and appreciation of our veterans' invaluable service, but it also utilises heritage as a tool for therapy and personal growth among our beneficiaries. Through heritage-based activities and virtual volunteering opportunities, our veterans can reconnect with their service history, find common ground with others, and foster a renewed sense of identity and purpose.

The Flat Holm Project has also been a pivotal initiative for Woody's Lodge. Located in the Bristol Channel, Flat Holm Island has become a place of hope and rejuvenation for many veterans. By actively involving them in the island's conservation and maintenance, we have witnessed significant positive impacts on their mental and physical well-being. Furthermore, the project provides a platform for skills development and potential employment opportunities, while making meaningful contributions to the island's environmental sustainability.

Our Wood Workshop Project, a vocational scheme, highlights the therapeutic and community-building power of craftsmanship. This project allows veterans to engage in woodworking activities, offering them opportunities for skill development, social connections, and a sense of belonging. The therapeutic benefits of this hands-on work, along with the sense of community it nurtures, have proven to be invaluable resources for our veterans.

Woody's Lodge has made a substantial and positive impact on the lives of RN and RM veterans over the past year through our diverse range of initiatives. Each project is designed to address unique needs, provide meaningful engagement, and build a supportive community for our veterans. We remain committed to expanding and enhancing our projects, with a particular focus on integrating heritage into our service development. This ensures that we continue to adapt and grow with the evolving needs of our beneficiaries, consistently striving to make a difference in the lives of those who have given so much to serve our country.







Woody's Lodge Support for Veterans

Navigating civilian life post-service often presents veterans with diverse challenges, both seen and unseen. Woody's Lodge stands as a vital support system, recognising and addressing these hurdles. From mental health to financial stresses, housing concerns, and the rising issue of substance abuse in areas like North Wales, the complexities are vast. Through strategic partnerships and collaborations, Woody's Lodge provides tailored assistance to cater to these unique needs, proving its commitment to helping veterans transition smoothly into their next chapter. In essence, Woody's Lodge embodies dedication, ensuring that no veteran embarks on their post-service journey alone.

- Financial support, addressing pension and benefit concerns
- Mental health support
- Access to services for physical health-related issues
- Housing assistance
- Signposting to other veterans or statutory services

Mental Health:

Woody's Lodge has identified an increasing demand for mental health assistance among veterans across all locations. In response, our dedicated team collaborates closely with partner agencies, including NHS Veterans Wales, Icarus, and Rock to Recovery, to provide comprehensive support tailored to each individual's needs. When veterans face urgent crises, we offer short-term social care as an interim solution until they can access professional services. Additionally, we recognise the



importance of addressing mental health emergencies, and as such, actively connect veterans with specialised crisis services like Minds at War and NHS crisis teams. Through these focused efforts, Woody's Lodge is committed to offering vital mental health support to veterans in need, promoting their overall well-being and resilience.

Financial Issues:

As the aftermath of the pandemic and the energy crisis continue to exert financial pressure on many veterans, Woody's Lodge provides targeted assistance to help alleviate their burden. Our team works diligently to ensure that veterans access all the benefits they are entitled to, offers support in navigating pension-related concerns, and provides guidance for applying to the Armed Forces Compensation Scheme through Veterans UK's Welfare Team. Furthermore, we assist veterans in preparing and submitting



Personal Independence Payment (PIP) applications, ensuring they accurately convey their circumstances and needs. By offering these comprehensive financial support services, Woody's Lodge aims to alleviate the monetary stress faced by veterans and contribute to their long-term stability and well-being.

Housing:

Woody's Lodge has observed a growing trend of veterans seeking assistance for housing-related issues, including accessibility and suitability of accommodations. Our team provides expert advice, guidance in navigating complex housing systems, and connections to partner agencies, such as Alabare and the Welsh Veterans Partnership, when necessary. Furthermore, we take on an advocacy role for veterans, liaising with local authorities, housing associations, and our partner organizations to ensure their needs are effectively communicated and addressed. Through these comprehensive support measures, Woody's Lodge is committed to assisting veterans in securing suitable housing arrangements and fostering a stable, comfortable living environment.

North Wales Trend:

In North Wales, Woody's Lodge has noticed an increasing number of veterans referred to us facing substance abuse issues, with alcohol being the most prevalent. This presents a risk management challenge when providing community-based support. While the root causes and broader implications of this trend remain unclear, Woody's Lodge remains committed to closely monitoring and addressing this emerging issue. Our focus is on developing targeted strategies and collaborating with specialised partners to offer comprehensive assistance to veterans grappling with substance abuse, ultimately promoting their well-being and long-term recovery.

Force 4 Energy

Woody's Lodge, has made a significant impact on the lives of veterans, service personnel, and their families through their collaboration with Force 4 Energy. The heart of the project is to provide energy advice to the armed forces veteran community across Wales in relation to household consumption, with the goal of building financial resilience and reducing fuel poverty among those from vulnerable backgrounds. By doing so, the project aims to increase the chances of households meeting their heating needs and ultimately keeping veterans warm, safe, and healthy.

The Force 4 Energy project, funded by the Energy Saving Trust, an independent organization committed to promoting energy efficiency and clean energy solutions, focuses on providing advice and support to the veteran community in order to avoid health problems related to cold weather. Through tailored guidance on energy conservation, efficient use of household appliances, and access to financial assistance, the project equips veterans and their families with the necessary tools to manage their energy consumption effectively. This not only improves their quality of life but also contributes to a more sustainable future for all.

The collaboration between Woody's Lodge and Force 4 Energy has been a powerful example of how targeted support and education can transform the lives of veterans and their families. By addressing the critical issue of fuel poverty, the project has provided a solid foundation for this community to thrive, while also raising awareness about the importance of energy efficiency and clean energy solutions. The partnership has not only empowered veterans to take control of their energy needs but also fostered a sense of hope and self-reliance, paving the way for a brighter, more sustainable future.

Fundraising Inaugural Cardiff to Paris Charity Cycle Ride

Woody's Lodge organised an awe-inspiring charity cycle ride from Cardiff to Paris in July 2022.

The Cardiff to Paris Charity Cycle Ride saw a team of enthusiastic and dedicated cyclists embark on an unforgettable journey, covering a distance of approximately 460 miles (740 kilometers) from Cardiff, the capital city of Wales, to Paris, the romantic capital of France. The event took place over the course of five days, with cyclists riding through picturesque landscapes, tackling challenging terrains, and sharing incredible camaraderie.

Woody's Lodge's charity cycle ride was an outstanding success, with over £80,000 raised to support the charity's vital work. The funds raised will enable Woody's Lodge to continue providing essential services, such as mental health support, housing assistance, and social opportunities for veterans, emergency service personnel, and their families.

The cyclists who took part in the Cardiff to Paris Charity Cycle Ride had an incredible time, forming lasting friendships, and sharing memorable experiences. The journey offered a unique opportunity for participants to challenge themselves physically and mentally, while enjoying the beauty of the Welsh and French countryside, and the historic cities of Cardiff and Paris. The sense of achievement felt by the cyclists as they crossed the finish line was truly unparalleled.

We would like to extend our heartfelt gratitude to the businesses and organizations that generously sponsored the cycle ride and contributed to the fundraising efforts. Their invaluable support played a crucial role in making the event a success and ensuring that the charity can continue its mission.

Building on this success, Woody's Lodge is excited to announce plans for even bigger and more ambitious charity cycling events in the coming years. In 2023, the charity have organised a cycle ride involving 58 riders, further increasing the scope and impact of its fundraising efforts. Additionally, a UK-based ride is planned for 2024, with details to be announced later in the year. These future events will not only help to raise awareness and crucial funds for Woody's Lodge but will also continue to foster camaraderie, challenge participants, and create lifelong memories for everyone involved.



A Heartfelt Thank You to Our Amazing Fundraisers

The past year has been a testament to the strength, dedication, and unwavering spirit of our community. Each contribution, be it through walking, running, baking, or answering quiz questions, has echoed a story of hope and determination, and for that, we are deeply grateful.

To the valiant Gareth who walked the linear boundary of Offa's Dyke, tracing the Wales/English divide – your determination and Vigor have stretched far beyond the miles you've covered.

Our marathon runners, whether you faced the challenge of a half or full marathon, have turned every step into a beacon of hope and resilience. Your relentless energy has fuelled our cause in ways unimaginable.

The bakers and supporters of our bake sales turned flour, sugar, and butter into heartwarming gestures of love and support, reminding us of the strength in unity and the magic of shared moments.

The quiz nights, led by our brilliant quizmasters and enthusiastic participants, weren't just about trivia. They were about camaraderie, shared laughter, and the spirit of community.

In the midst of these events, a special acknowledgment goes out to Ben McQueen's family. The 40-mile 'yomp' embarked upon by Ben's mum and brother, starting on Mother's Day, not only served as a poignant tribute to Ben's memory but also as an inspiring act of love and remembrance. Your journey has deeply touched our hearts and has added a profound meaning to our collective efforts.

Each individual, each story, and each contribution has been a ray of hope. While words might not capture the depth of our gratitude fully, know that every effort, every mile, every penny is etched in our hearts.

Here's to the unity we've displayed, the milestones we've achieved, and the hope we carry forward.







We thank you!!









Testimonial

"I am a veteran who has attended the activities at Woody's Lodge, and I can honestly say that it has been a life-changing experience. After leaving the armed forces, I struggled with adjusting to civilian life and found it challenging to find a sense of purpose and belonging. However, attending the activities on Woody's Lodge farm sites has provided me with a safe and welcoming space to connect with others and engage in meaningful activities. The range of activities on offer, such as gardening, woodwork, and nature watching, have not only helped me improve my physical health but also provided a sense of accomplishment and purpose. The opportunity to learn new skills and work with others has been invaluable, and I have made some

fantastic friends along the way. The social events and gatherings have provided me with a sense of belonging and connection. I have met other veterans who have shared similar experiences and have found it helpful to talk to others who understand what I have been through. Overall, attending the activities at Woody's Lodge has had a significant impact on my health and well-being. I feel more connected to others, have a greater sense of purpose, and have learned new skills that I can use in everyday life. I would highly recommend Woody's Lodge to any veteran looking for a supportive and welcoming environment to improve their health and well-being."

Chris Buckton 67 REME

Testimonial

"My journey, along with my partner 5 2018. From being referred by Comba uplifted with a successful appeal - W administrative help, it's a sanctuary w service without judgment. Battling PT experiences without feeling like a but explain; everyone knows the languag

Woody's is a haven not just for me, l chatting with others who resonate we knowing they're always a call away i back in the naffi, where understandin

A heartfelt thanks to everyone at Wo and downs. For veterans and their fa Lodge is genuinely unparalleled.."

Kevin Herbert

Steph, led us to Woody's Lodge in t Stress, facing a PIP refusal, to being oody's has stood by us. Beyond the where I can be open about my time in SD, it's a struggle to share my rden. At Woody's, I don't have to ge and the emotions behind it.

out also for Steph. She finds solace th our journey. The sheer relief of has been a blessing. It's like being ng is implicit.

ody's for quiding us through our ups milies seeking support, Woody's

FARM RECEPTION

BUNKHOUS

WOODY



YR . TIP

Testimonial

"From the trials of losing my mother young and battling my own mental health struggles, to serving in the Territorial Army, my journey has been filled with challenges. Amidst this, Woody's Lodge emerged as my sanctuary. I recall the overwhelming despair until a simple leaflet about the Lodge became my beacon of hope. Gratitude doesn't quite capture what I feel for the team, especially James, who embraced me during my toughest moments. At Woody's, I found freedom, understanding, and community. This place, which values both solitude and camaraderie, has been my guiding light. Despite ongoing challenges, Woody's Lodge reassures me I'm never alone. For anyone seeking refuge and understanding, Woody's Lodge is a lifesaver. It's where I've regained hope and purpose.

Thank you, Woody's Lodge, for illuminating my darkest times."

Jules Anderson

Executive Summary

Woody's Lodge has made significant strides in supporting military veterans, emergency service personnel, and their families in 2022/23. The organisation has enhanced its focus on the physical, mental, and social well-being of its beneficiaries, leading to a positive impact on their lives. This report highlights the key achievements and outcomes of Woody's Lodge during this period.

Key Achievements



Increased Beneficiaries: Woody's Lodge has successfully expanded its reach, engaging, and supporting a higher number of beneficiaries in 2022/23. The organisation's commitment to spreading awareness about its services has resulted in a substantial increase in the number of people it serves.



Enhanced Mental Health Support: In response to the growing need for mental health assistance, Woody's Lodge has significantly improved its mental health support by collaboration with mental health professionals, and the provision of essential resources to address various mental health issues.



Expanded Support Network: Woody's Lodge has established strong partnerships with local and national organisations to provide a comprehensive support network for its beneficiaries. These collaborations enable the charity to offer a range of services, from housing and employment assistance to legal advice and financial aid.



Effective Fundraising Initiatives: Through various fundraising events and campaigns, Woody's Lodge has successfully generated the financial resources required to continue its vital work. The organisation's transparent and accountable approach has fostered trust and encouraged donors to contribute generously.



Improved Facilities and Services: Woody's Lodge has invested in its facilities, ensuring a comfortable and accessible environment for beneficiaries. The organisation has also introduced new services and programs, such as skills development workshops, support groups, and recreational activities, to better cater to the diverse needs of its community.

The achievements of Woody's Lodge in 2022/23 have resulted in a considerable impact on the lives of its beneficiaries. The enhanced mental health support, expanded network of services, and improved facilities have contributed to better overall well-being for veterans, emergency service personnel, and their families. Beneficiaries have reported improved mental health, increased confidence and self-esteem, and a stronger sense of belonging within the community.

Woody's Lodge has made a remarkable impact on the lives of Armed Forces veterans, emergency service personnel, and their families in 2022/23. By addressing their physical, mental, and social needs, the organisation has played a vital role in improving the well-being of its beneficiaries and fostering a supportive community. Woody's Lodge's continued commitment to growth, innovation, and collaboration will undoubtedly result in even greater positive outcomes in the years to come.

DONATION FORM

"Scan QR code to donate quickly and easily using a debit or credit card"



or visit www.woodyslodge.org/ donations"

Donate by Cheque

Please send all cheques payable to "Woody's Lodge"

Please ensure you send your cheque along with your details completed below.

These will be used to confirm receipt of your donation.

Title
Name
Home Address
Postcode
Telephone
Email

I would like to receive updates on events, fundraising and charity news from Woody's Lodge via:

POST 🗋 TELEPHONE 🗋 EMAIL 🗋

In accordance with General Data Protection Regulations (GDPR) we need your consent to communicate with you. Please tick the appropriate boxes to confirm you are happy for Woody's Lodge to send you details about our events and activities, the work we do as a charitable organisation and update you on how you can get involved or help to support us. This consent can be withdrawn at any time by informing **support@woodyslodge.org**

GiftAid

I confirm that I am a UK income or capital gains taxpayer. I have read this statement and want Woody's Lodge to reclaim tax on the donation detailed above. I understand that if I pay income tax and/or capital gains tax in the current tax year than the amount of GiftAid claimed on all of my donations it is my responsibility to pay any difference. I understand charity will reclaim 25p of tex on every £1 that I have given.

Signature

Date / /

You can cancel your declaration at any time by contacting us, particularly if your circumstances change, including change of name or address.

Legacy Giving

If you are considering leaving a legacy to Woody's Lodge in your will, we would love to chat to you about your generous decisions. Please give **Wendy a call on 01492 53 3954.**



HOW TO FIND US

South Wales

Amelia Trust Farm, Five Mile Lane, Barry **CF62 3AS**

West Wales

Penlan Farm, Llandysul SA44 5QH

North Wales

Eirias Park. Abergele Road, Colwyn Bay LL298B

Call 01446 781 792

Call 01559 361 328

Call 01492 533 954

businesscentre

flexible serviced offices

Email support@woodyslodge.org Visit our website www.woodyslodge.org



Masons Moving Group are delighted to support Woody's Lodge in its endeavour to give support and advice to Armed Forces Veterans and those from the Emergency Services. Find out more at www.masonsmovingroup.co.uk/latest-news



M.R.S. Communications supports Woody's Lodge, and they stand by our vision to help the armed forces, emergency services and their families. We are so thankful that this leading communications company thought of us when giving back. In a short space of time, their generous donation of two-way radios has helped us better manage our Barry Site through improved communication.



Pinnacle Complete Office Solutions became one of our corporate sponsors in 2019. They actively support charities each year, ranging from dress-down days and early morning Pen y Fan hikes, to three day cycling challenges and Gala dinners, in a bid to create awareness for fantastic causes and an opportunity to give something back to the communities that they live and workwithin. After learning about our ethos here at Woody's Lodge, the decision for them to sponsor us in 2019 was simple.

VETERANS' OUNDATION

SD

THE ARMED FORCES









The Confederation of Service Charities

Registered charity number 1173752